



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Practice and Progress

With spiritual practice, we return to our true nature to help ourselves and others,

Developing our sincere nature, we silently invoke the mantra Nam-Mo,
Harmonizing with the divine love, we love and respect all creatures,
Practicing with diligence and sincerity, we constantly purify our body.

Luong Vi Kien

Baby Tam Talking To You

from 25 January, 2000 to 31 January, 2000

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Be Tam

Questions

1. *Does the relationship between Heaven and Earth bring any benefit?*
2. *What causes the floodings as a divine warning in the central part of Vietnam?*
3. *Humanity has escaped the calamities predicted for the year 2000. Now, everybody rejoices in peace and happiness. Will the harmony among Heaven and Earth persist?*
4. *Why do we see both creation and destruction?*
5. *Why do spiritual adepts still have feelings of love and attachment?*
6. *Does illness mean to bear the karma of the physical body?*
7. *Is there any benefit in dedicating one's heart toward serenity and harmony?*



<p>Las Vegas, 25 January 2000, 9:45 AM <i>Q: Does the relationship between Heaven and Earth bring any benefit?</i></p> <p>A: Those who clearly understand the relationship between Heaven and Earth, know that it is very beneficial for human life.</p>	<p><u>Psalm</u> <i>Spiritual practice relates to the work of The Creator, We plant our own seeds in the cycle of karmic transformations, Cause and effect alternate during the spiritual evolution, We practice with sincerity to return to emptiness.</i></p>
<p>Las Vegas, 26 January 2000, 6:47 AM <i>Q: What causes the floodings as a divine warning in the central part of Vietnam?</i></p> <p>A: The celestial mechanism is constantly in motion through the orderly transformation of Heaven and Earth. It follows the law of cause and effect, and results from the imbalance of life energy.</p>	<p><u>Psalm</u> <i>The flow of energy causes constant transformations, Awakening ourselves, we clearly see our digressions, The ignorant do not know that they cause their own calamities , Losing their mind, they do not know why they fall into obscurity.</i></p>
<p>Las Vegas, 27 January 2000, 4:55 AM <i>Q: Humanity has escaped the calamities predicted for the year 2000. Now, everybody rejoices in peace and happiness. Will the harmony among Heaven and Earth persist?</i></p> <p>A: There will be no destruction. We will see a better cooperation than in the past. Everybody will work diligently for a natural and spontaneous living, and prepare himself to celebrate the spring of year 2000.</p>	<p><u>Psalm</u> <i>Everywhere, the celestial spring appears joyfully, We work together to purify ourselves and lighten our karma, Abandoning rivalry and intransigence, we advance spiritually, Returning to our sincere nature, we practice the true dharma.</i></p>
<p>Las Vegas, 28 January 2000, 9:50 AM <i>Q: Why do we see both creation and destruction?</i></p> <p>A: The law of birth and rebirth, creation and destruction, must follow the divine law of birth, maturity, decay, and death. The souls will have the opportunity to return to emptiness in order to understand the law of equilibrium of all spheres.</p>	<p><u>Psalm</u> <i>Returning to emptiness, we thoroughly comprehend the law of equilibrium, Pure and light, we nurture a silent inner joy, Practicing patience and humility, we continue our progression, Devoting ourselves to a diligent and sincere practice, we gain greater wisdom.</i></p>
<p>Las Vegas, 29 January 2000, 7:31 AM <i>Q: Why do spiritual adepts still have feelings of love and attachment?</i></p> <p>A: Spiritual adepts feel love and compassion because their heart is always thinking of the love of The Lord and The Buddha. The image of pureness and benevolence guides the practitioners as they advance on the common spiritual path.</p>	<p><u>Psalm,</u> <i>The common spiritual path is common property, We practice and advance together to dissolve our worries, Chasing all delusion, we no longer cause harm to others, Guiding each other with sincerity, we practice to achieve greater compassion.</i></p>
<p>Fountain Valley, 30 January 2000, 7:35 AM <i>Q: Does illness mean to bear the karma of the physical body?</i></p> <p>A: Illness results from unorderly eating habits, and causes karma of the physical body.</p>	<p><u>Psalm</u> <i>Accumulating for many years because of negligence, The impurities cause noise and turbulence, They have a restless mind and body because of gluttony, Increased agitation only obscures their mind and body.</i></p>

Fountain Valley, 31 January 2000, 4:55 AM

Q: Is there any benefit in dedicating one's heart toward serenity and harmony?

A: Dedicating one's heart toward serenity and harmony will bring great benefits.

Psalm

*Our serene mind and body radiate pure energy,
With a constant progression, we surmount all difficulties,
We develop the spiritual heart and evolve spiritually,
Detaching ourselves from earthly matters, we learn true
harmony.*



Translated by Xuan Mai

Please contact xuanmai00@hotmail.com if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

**IMPORTANT ANNOUNCEMENT ABOUT THE CONGRESS "Serenity"
PRAGUE – July 16 –19, 2000**

Dear Vo-Vi friends,

It is a precious opportunity for us to be re-united in a spiritual congress each year with our spiritual Master. In order to deepen our spiritual knowledge during the Congress and to benefit from the spiritual exchange, we would like to invite you to send us your spiritual questions that have never been answered before in the existing VoVi materials.

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Many thanks,

Organization Committee of Vo-Vi Conferences