

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Liberation

The freed soul attains equilibrium, compassion, and understanding, Thanks to the divine Grace, we understand the transient principle, Everywhere, The Lord provides love and blessings, Detached from the earthly world, we learn true compassion.

Vi Kien

Baby Tam Talking To You

from 17 December 2000 to 23 December 2000

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Dear Friends.

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1. What results will we get when dedicating ourselves to spiritual practice and self-perfection?
- 2. Does a loyal person bring any benefit to his family?
- 3. What is important?
- 4. Is there any benefit to direct our mind towards the Lord to pray for good health for our kind mother?
- 5. Are those who love and appreciate their mother able to understand their root from the divine Creator?
- 6. What is divine destiny?
- 7. Why is there the celebration of Christmas (the birth of Christ) every year?



Atlantic City, 17 December 2000, 2:15 AM

Q: What results will we get when dedicating ourselves to spiritual practice and self-perfection?

A: If we practice diligently, and devote ourselves to perfect our mind and character, we will achieve wisdom and clarity eventually.

Psalm

Practice with diligence to enlighten your mind and reach serenity,

Help yourself by developing your mind and heart spiritually,

Practice with determination without any worldly attachment,

Strive to reach equilibrium and self-enlightenment.

Atlantic City, 18 December 2000, 5:05 AM

Q: Does a loyal person bring any benefit to his family?

A: A person who observes loyalty towards his family truly knows the way to work for the common good.

Psalm

Being loyal is most important to avoid agitation,
Through self-practice, we build a strong determination,
Saving ourselves and others is the way of progress,
With perseverance, we practice to improve ourselves
within and without.

Atlantic City, 19 December 2000, 4:05 AM

Q: What is important?

A: To save ourselves is the most important thing.

Psalm

To save ourselves is the most important thing, Analyzing our true heart, we see the divine grace clearly, Advancing on the spiritual path with persistence and sincerity,

We practice by our own efforts to reach liberation and purity.

Atlantic City, 20 December 2000, 5:15 AM

Q: Is there any benefit to direct our mind towards the Lord to pray for good health for our kind mother?

A: To direct our mind towards the Lord and pray that our mother may be in peace and good health is truly the correct way of the Vo-Vi practitioner.

<u>Psalm</u>

Thinking of our mother, we develop our compassion, Loving her child, she always shows patience and resignation,

Determined to practice under the divine guidance, Our heart dearly holds to our kind mother's remembrance.

Atlantic City, 21 December 2000, 4:55 AM

Q: Are those who love and appreciate their mother able to understand their root from the divine Creator?

A: Those who love and appreciate their kind mother truly have the opportunity to understand the principle of divine creation.

Psalm,

Focusing our energy through spiritual practice, we understand the will of heaven,

Advancing on the spiritual path, we understand our true origin,

Through divine destiny, an intelligent soul is born, To learn continuously and reach self-awakening.

Atlantic City, 22 December 2000, 1:15 AM

Q: What is divine destiny?

A: Divine destiny means that all things are predetermined in a natural and spontaneous manner.

Psalm

The original principle is determined at our birth, Leading a virtuous and frugal life, we awaken ourselves with a serene heart.

Practicing with sincerity, we have the opportunity for early awakening.

Practicing with diligence and serenity, we return to inner peace.

Atlantic City, 23 December 2000, 4:47 AM

Q: Why is there the celebration of Christmas (the birth of Christ) every year?

A: After birth, there must be death. Profane people all wish to live in peace and happiness.s

Psalm

Every year there is new hope, Everyone wishes to live together in joy, We wish that the community will advance for the better, In spite of life's temporariness, we need to follow its path.



Translated by Xuan Mai

Please contact **maioro@yahoo.com** if you wish to receive the English LEDs via email, or if you want to join the English translation team, or contribute an article about your own spiritual experience. Your comments and contributions are welcome. Thank you.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the occument is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date

18 February 2001

Announcement about Vo-Vi Convention 2001 - "Courage and Practice"

Dear Vo-Vi friends,

In case you reside in Orlando or if for any other reason, you do not need to stay at the Renaissance Marriott hotel before the Convention, please plan to come to the Marriott Hotel on Thursday, 25 October, or Friday, 26 October, to pick up your Convention badge, cruise ticket, luggage tags, and other check-in information (Details forthcoming in our Convention Guide). We have a very large group of participants, and strongly recommend that you pick up your Convention materials in advance to ensure that you get them before you board the bus to Port Canaveral.

For those who wish to take the bus to Port Canaveral, please indicate the number and name of passengers when registering for the Convention. The transportation fare of **17 USD** include roundtrip transportation from the hotel to Port Canaveral on 27 October and 3 November, as well as a light lunch snack on Saturday, 3 November.

(Please pay bus fares **before 1 July 2001**, make check or money order payable to **VoVi Friendship Association of Northern California**).

Please plan to be present at the Renaissance Marriott Hotel no later than **8AM** on Saturday, 27 October, to have sufficient time for boarding the buses. The Organization Committe is not responsible for late arrivals if the buses already departed.

Many thanks for your attention,

Sincerely,

The Organization Committee of International Vo-Vi Conventions