



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Purification

Through purification, we clearly understand the path of our progression,
Divine energy guides our soul in understanding the sublime,
The spiritual path leads us to the unique origin,
With a serene heart, we practice diligently to reach the divine connection.

Vi Kien

Baby Tam Talking To You

from 20 October 2001 to 26 October 2001

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Is there any benefit in practicing with discipline and order?*
2. *Is there any benefit in being reunited with joy?*
3. *What causes the outbreak of war?*
4. *How can peace be achieved on earth?*
5. *Who is God?*
6. *What is the center of vital energy?*
7. *How does compassionate energy radiate?*



<p>Atlantic City, 20 October 2001, 2:50 AM Q: <i>Is there any benefit in practicing with discipline and order?</i></p> <p>A: To practice with discipline and order will greatly help the soul to elevate itself toward the World Above.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practice with sincerity to develop the soul, Be determined to practice together with wisdom, With a thorough understanding, we persevere without deviation, Restoring peace to our mind and body, we dissipate the soul's blindness.</i></p>
<p>Florida, 21 October 2001, 3:15 AM Q: <i>Is there any benefit in being reunited with joy?</i></p> <p>A: We feel great joy when we meet each other again.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Looking at each other, we understand our longing to be reunited, Building the divine love, our mind becomes clear and wise, The sphere of energy gives us infinite guidance to return to the true origin, With a serene heart, we develop ourselves to advance gradually.</i></p>
<p>Florida, 22 October 2001, 1:55 AM Q: <i>What causes the outbreak of war?</i></p> <p>A: The outbreak of war is caused by disagreement.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>War and unrest have occurred, Nightmares and cruelty abound in self-competition, After hatred and evil, one must return to compassion, Losing their equilibrium, they fight against each other.</i></p>
<p>Orlando, 23 October 2001, 2:15 AM Q: <i>How can peace be achieved on earth?</i></p> <p>A: Peace already exists in the consciousness of every person. We should practice with order and discipline in order to attain peace.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Order has formed the human body, Avoiding new mistakes, we perfect ourselves spiritually, To return to our origin, we must practice sincerity, Looking at our own suffering, we release our passions and worries.</i></p>
<p>Orlando, 24 October 2001, 9:00 AM Q: <i>Who is God?</i></p> <p>A: God is Supreme Serenity, Supreme Purity, and Supreme Wisdom.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The Lord judges and explains with supreme wisdom, Carrying His load on both shoulders with courage and perseverance, With great compassion, He opens widely the path of spiritual perfection, Miracles can be achieved with spiritual wisdom.</i></p>
<p>Orlando, 25 October 2001, 2:35 AM Q: <i>What is the center of vital energy?</i></p> <p>A: The center of vital energy means that it constantly provides the life force to all beings of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Pure energy shines everywhere, To guide and awaken the soul, Conflicts in life help us in our spiritual evolution, Thanks to the Lord, we practice to regain our equilibrium.</i></p>

Disney Cruise, 26 October 2001, 2:00 AM
Q: How does compassionate energy radiate?

A: Compassionate energy shines through rays of serene light.

Psalm

*Everywhere, the divine light shines with equilibrium,
Awakening our consciousness, we perfect our mind and
body,*

*With serenity, our energy shines everywhere,
Living in harmony, we develop ourselves in accordance
with the spiritual opportunity.*



Translated by Xuan Mai

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is notto circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date
