



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Universe

By analyzing the universe and practicing, we understand the spiritual path,
Developing our spiritual faith, we fulfill our own hopes,
Loving and respecting the noble Lord, we unify our energies,
Working sincerely and positively, we reach higher spheres with our practice.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 18 May 2003 to 24 May 2003

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

1. *Where does the deep and subtle spiritual principle reside?*
2. *How does light serve humanity?*
3. *How do the heart and mind develop?*
4. *What is the spiritual path?*
5. *Is it necessary to have a level of spiritual perfection?*
6. *What does spiritual evolution mean?*
7. *How do the soul and astral body achieve spiritual progress?*



<p>Las Vegas, 18 May 2003, 5:55 AM <i>Q: Where does the deep and subtle spiritual principle reside?</i></p> <p>A: The deep and subtle spiritual principle resides in the center of energy of the universe.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The deep and subtle principle resides in the sphere of development, With a calm heart, we acquire greater wisdom with greater serenity, Loving the higher spheres, our spiritual consciousness becomes enlightened, Following the spiritual ethics rules, we return to purity and our consciousness keeps shining.</i></p>
<p>Las Vegas, 19 May 2003, 10:02 AM <i>Q: How does light serve humanity?</i></p> <p>A: Light serves humanity by spreading its purity and brightness everywhere.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With the pure light shining everywhere, we understand deeply the true divine love, Undergoing deep transformations, our heart and mind become enlightened, With infinite flexibility, it provides true infinite guidance, With a serene heart, we learn and transform ourselves to attain tranquility.</i></p>
<p>Las Vegas, 20 May 2003, 10:15 AM <i>Q: How do the heart and mind develop?</i></p> <p>A: The heart and mind develop with our thinking.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With spiritual practice, we enlighten our mind and purify our thoughts by ourselves, Through deep spiritual transformations, we achieve progress and wisdom, Maintaining a subtle and profound flexibility, we awaken our consciousness on our own, As our spiritual consciousness develops, we see our spiritual path clearly.</i></p>
<p>Las Vegas, 21 May 2003, 2:06 AM <i>Q: What is the spiritual path?</i></p> <p>A: The spiritual path is the way going forward.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Advancing continuously without regressing, we work on our own spiritual salvation, Dissipating our blinded passions and intolerance, we reach self-enlightenment, In social life there is spirituality, and we learn from both sides, Clarifying our own mind, we clearly see our path of progress.</i></p>

<p>Las Vegas, 22 May 2003, 5:35 AM <i>Q: Is it necessary to have a level of spiritual perfection?</i></p> <p>A: It is essential to devote oneself to spiritual perfection with diligence and perseverance in order to achieve the right level.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With great diligence, we devote ourselves to spiritual perfection, As our soul evolves infinitely, we understand the profound meaning, Understanding clearly that the noble Heaven is miraculous, We practice the righteous dharma to develop ourselves deeply.</i></p>
<p>Las Vegas, 23 May 2003, 5:13 AM <i>Q: What does spiritual evolution mean?</i></p> <p>A: Spiritual evolution means that the soul is progressing.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Through spiritual practice, our soul develops in all domains, Understanding the principle of the universe, our life is wonderful, Releasing our intransigence and blinded passions, we advance in a timely manner, Calmly and serenely, we turn ourselves toward Heaven.</i></p>
<p>Las Vegas, 24 May 2003, 1:00 PM <i>Q: How do the soul and astral body achieve spiritual progress?</i></p> <p>A: The soul and astral body achieve spiritual progress when we practice the spiritual dharma with correctness and honesty.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Practicing on our own, we return to purity and meditative knowledge, As we achieve deep spiritual progress, our consciousness awakens quickly, Releasing sorrow and worries, we practice on our own, Understanding both social and spiritual matters thoroughly, we achieve harmony easily.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Letter from the Editor

Voyages On Earth

“Voyages on Earth” is translated from the Vietnamese translation of the original Chinese spiritual document for readers to open their minds and try to understand many facets of truth. This book is a companion to the already published book “Voyages to Hell”. It serves to awaken many other human beings who don't know the law of cause and effect.

The Taiwanese use of mediums described in this book should not be confused with VoVi. For further information about the original version of this book, please write to:

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20 Ching Dao Rd, Section 4
Tai Chung, Taiwan R.O.C.

Notes:

The attached translation is a rough draft of the book “Voyages on Earth”. A final edited version will be formally published at a later date.

CHAPTER TWENTY-TWO

TO PRAY FOR BLESSINGS, EACH FAMILY MUST BE MINDFUL OF THE LAW OF CAUSE AND EFFECT

AUTOMATIC RECOMPENSE, IT IS THE HUMAN HEART WHICH CREATES HAPPINESS AND MISFORTUNE

Living Buddha Tse Kong
Descends on the 23rd day of the 5th month, year of the Dog (1982)

Poem

*Persevere in preserving a virtuous family life and observing human ethics,
Following the moral laws, one will become a good person,
Timely, the mind will be awakened and the body will be cleansed,
Across all four seas, one's virtue is profoundly known as one diligently practices the dharma.*

Tse Buddha: There is a proverb, "If one does not see the coffin, he will not cry." This phrase implies the difficulty of abandoning the obstinate human nature. For those who are foolish, if it were not for those few minutes of dying, they would surely continue to be vain and proud. They perceive that the cycle of reincarnations does not exist and live a life of excesses, giving themselves up to passions and desires. They are bound and swept away by fame and fortune... Suddenly, when it comes down to the last few minutes before they must leave this world, then they lament that life is like a dream. But then, it is too late. From ancient time until the present, no matter how rich and noble one may be, when people are about to die, they all utter words like those. This is because while alive they are constantly greedy for fame and fortune. Thus, there is a saying, "While alive, one does not perfect oneself and accumulate virtues. When he is about to die, then he talks of doing good." Does that not indicate that, while alive, one's heart is bountiful but his strength is lacking? Or, is there plenty of strength but not enough heart? In my opinion, those who have sufficient strength but not enough heart are many while those who have an abundance of heart but deficient in strength are few. That is a sickness of mankind.

Thai Sinh: Dear Master, why have mankind contracted this disease? And, what is the cause?

Tse Buddha: That is called, "The mind is not determined." When a spiritual adept sees mundane people enjoying wealth and honor, his heart immediately breeds desire, and he runs after it. Or, looking at the death of a person, he quickly comments, "Life passes swiftly like a dream." This state of mind is always being upset by hope and desires. Sometimes, the person sees fame and fortune as important, and other times, he takes them lightly. Hence, there is a saying, "Entering Tao is easy. Practicing Tao is difficult."

Thai Sinh: That is true. There is a saying, "Practice Tao for one day, Buddha is before one's eyes. Practice Tao for one month, Buddha is at the end of Heaven. Practice Tao for a year, Buddha immediately cannot be seen." The statement implies that when an adept first enters the practice of spirituality, the strength of his conviction is strong. However, as time passes, his spiritual heart and enthusiasm is lost.

Tse Buddha: That is reason why the practice of Tao is difficult. If spiritual practice were easy, then today, Angels and Buddha would not be troubled over mankind. Well, for the sake of mankind, we should prepare to go and inspect the population.

Thai Sinh: Dear Master, we are not police. How can we inspect the population?

Tse Buddha: Our inspection differs from that of the police. On earth, the police inspection of the population is only by confrontation based on civil status. We, however, examine the population with good intentions, and thus, it is different.

Thai Sinh: Dear Master, your words are very correct. I will respectfully follow your wish.

Tse Buddha: Quickly ascend the lotus throne so we can commence.

Thai Sinh: I am prepared. I respectfully invite Master to start the journey.

Tse Buddha: If we want to examine the population, we must find the Genie of the Hearth and the Genie of the Soil. Then, it will be easy to acquire the documentation to research, compare, and clarify matters.

Thai Sinh: Dear Master, your instructions are very logical. The Genie of the Hearth and the inhabitants in the area are interrelated. Therefore, if we wish to know clearly, we must seek the Genie of the Hearth.

Tse Buddha: To find the Genie of the Hearth is not difficult. There is one over there on the side of the mountain.

(Tse Buddha reduces the speed of the lotus throne and lands. On the side of the mountain, the Genie of the Hearth sits drinking wine, deeply involved in conversation with a few good dead souls. Not expecting Tse Buddha's arrival, he is perplexed and does not know how to act. He hastily stands up and extends his greetings.)

Gracious Genie: Welcome Tse Buddha. I apologize that the reception is not perfect. I beg for your kind forgiveness.

Tse Buddha: I did not expect that Tran... (Gracious Genie) is still fond of the scent of alcohol.

Gracious Genie: I am truly ashamed. Today, I had the good fortune of meeting some good friends here, and thus, had only a few drinks for enjoyment. I respectfully invite Tse Buddha to sit down... And, may I ask the great title of the gentleman who accompanies Tse Buddha?

Tse Buddha: That is heaven's pen, Thai Sinh, from the Temple of the Sages.

Gracious Genie: Ah... So, he is the person that sits at the oracular altar of the Temple of the Sages who had long been admired.

Tse Buddha: Gracious Genie, you are still in good health, I hope. Today, we have come here to disturb. I feel very uneasy.

Gracious Genie: Do not say so. I feel very honored that Tse-Buddha has come to visit.

Tse Buddha: Gracious Genie, Tran... Today, we have come here to find out the good and the bad of the inhabitants in this region in order to document in the celestial book, "Voyages on Earth", which is the last of the set of three books describing the three realms: Heaven, Hell, and Earth. I hope that Gracious Genie can lead us to visit this region in order to understand the situation here.

Gracious Genie: Ah... so that is the case. However, please take a short rest; then, I will take you to see and examine everything.

Tse Buddha: The matter is very urgent. It cannot be delayed.

Gracious Genie: If that is the case, then we must leave at once.

(Tse Buddha, Thai Sinh, and the Gracious Genie proceed to a section of the population.)

Gracious Genie: I would like to present the situation of this family. The husband and wife are in concord. The children are intelligent and healthy. The husband is a director of a food company and must handle all corporate matters. In her previous life, the wife was a virtuous person, always helping the indigents. Therefore, she had created meritorious karma for this life. At the present, she practices spiritual perfection, following Pure Land Buddhism.

Thai Sinh: Spiritual practice of both, accumulating merits and cultivating clairvoyance, is very good. It is truly the standard for establishing happiness within the home.

Gracious Genie: Next, I would like to introduce an ordinary family, neither good nor bad. We need not consider them.

Thai Sinh: All right.

Gracious Genie: The third family is blessed at first. However, the woman of the household had lived a life of luxury since she was a child, and thus, does not know how to be thrifty. After she got married, while her husband went to work, she was alone and sad with nothing to do. Therefore, she often loafed around at the neighbors where she sat and gossiped. She does not practice proper speech. Instead, she had created considerable karma from unrighteous speech, thereby, destroying her favorable blessings. Consequently, familial harmony is lost. In the future, her children shall be affected, and the wife will be met with misfortune.

The husband and wife in the eighth family have negative karma with each other from their previous lives that had not been resolved. They meet again in this lifetime, but their family is turned upside down. On an ordinary day, they would quarrel up to three times. The primary reason is due to the fact that the lady of this household has a very cruel and wicked heart. Her narrow-mindedness had caused sufferings for all those who are close to her.

As for the families ahead, they are neither good nor bad. We do not need to obtain documentations on them. Let us go in the other direction and examine a different group of families.

Thai Sinh: Yes. But, will it be too much trouble?

Gracious Genie: No trouble at all. The parents of this family were miserably poor when they were young, but they were determined to raise and teach their flock of children until they are accomplished. Hence, at the present, all their children are married. The family is warm and harmonious, and they live very happily. (*The Genie of the Hearth points to another family.*)

The man of this house is a spiritual adept. Currently, he is a vegetarian. However, his wife listened to too many gossips and criticisms, which destroyed her faith. In addition, she actually does not have enough wisdom to differentiate between right and wrong. In the future, the husband's spiritual practice can help him achieve the status of a celestial immortal. The wife, on the other hand, will have to go through the cycle of reincarnation and pay for her bad karma.

Thai Sinh: Does that spiritual adept often pray to you, Gracious Genie?

Gracious Genie: He is very diligent. Each time he passes by the shrine, he would come in, burn incense, and pray.

Thai Sinh: That is a virtuous quality of a spiritual adept.

Gracious Genie: There are a number of people who practice spirituality but still disregard me because they consider themselves to be superior. They are truly conceited.

Thai Sinh: Superior monks believe they achieved Nirvana!

Gracious Genie: If a revered monk or a person with high virtues comes by here, I have the duty of protecting and escorting them directly. Nevertheless, it is regretful that they only have a bit of merit but have presumed themselves to have achieved enlightenment, and thus, conduct themselves in that manner.

Thai Sinh: The truly knowledgeable person is always humble while the ignorant likes to be proud and haughty.

Gracious Genie: Ha...ha... very true. It is surprising that Thai Sinh can use such a logical example. You are truly worthy of admiration.

Thai Sinh: Gracious Genie, you are too kind. I still have a lot to learn.

Gracious Genie: Thai Sinh, you are too modest... Let us proceed in that direction... This family has a person who had practiced self-perfection and had amassed much merit in his previous lives. Therefore, in this life, he had reincarnated into a blessed land and had lived in happiness since he was a baby. He already has property and diligently manages his business, therefore he is very successful. Recently, however, he had befriended a number of gambling friends. If he does not change his mind soon, his business and accomplishments will dissipate.

Thai Sinh: I hope he has enough courage and determination to abandon that habit.

Gracious Genie: This family lives together in disharmony and often quarrels among each other.

Thai Sinh: Then, who in the family is at fault?

Gracious Genie: In my opinion, the daughter-in-law in the family should digest the insults and endures the hardships. The mother-in-law on the other hand should view the daughter-in-law as her own daughter and generously forgive any mistakes. Then, they can naturally resolve the gap of division and separation. Otherwise, both will suffer greatly. Presently, the husband's mother is often very quick-tempered, causing her blood pressure to rise and her five vital organs to become debilitated. The daughter-in-law's nerves and mind are tense leading to lack of sleep. Her mental illness leads to her physical illness. That is a natural occurrence.

Thai Sinh: That is the effect of karma from many past lives.

Gracious Genie: On that matter, I respectfully ask Tse Buddha to help explain.

Tse Buddha: Although it is the result of karma, if one listens to the advice of true spiritual practitioners, then he or she can transform the quick-tempered nature into a gentle and affable nature. If the daughter-in-law knows to sincerely repent and realizes that is the consequence of accumulated karma from many past lives, then she can release the latent spite within her heart. She will no longer feel hostility towards her mother-in-law. Her personality will become gentler. Her insomnia will be remedied even without medicine. As for the husband's mother, if she had cultivated her heart and fostered her character when she was young, then she would not be so stubborn in her old age. She would not be discriminative to the point of causing disharmony within the family.

Gracious Genie: Tse Buddha's teaching is extremely logical. Now, let us go and examine a different family.

Thai Sinh: Yes, excellent.

Gracious Genie: This family's business is currently ascending like a kite in good winds. It has a large factory that is on the course of expanding strongly. I am not certain whether the master of this household had practiced Tao in his previous life or not, but in this life, he was born in to a blessed land. However, it is a pity that while his business is climbing; he has started to lead a life of pleasures and extravagance. He has taken a concubine and has hidden her at another place. In my opinion, it will not be long before he will get a taste of suffering.

Thai Sinh: The inhabitants in this region often pray and conjure upon the Genie of the Hearth; so, do you provide them with your protection?

Gracious Genie: "Misfortune and happiness have no doors. It is the people who bring it upon themselves." Their prayers to me only display that they are sincere. However, if they do not practice virtues and accumulate merits but only rely on my protection, then they are only harming themselves. On the other hand, if they attend to loyalty, familial piety, chastity, and righteousness, then I will report to the Southern Celestial Realm. At that time, they would surely be rewarded.

Thai Sinh: Ah, so that is the case. May I ask, what was your previous life like?

Gracious Genie: Ha...ha... So you want to know about my family situation? All right, in order to counsel people of this world, I will recount my life story. In my previous life, I live at Banh Ho. When I was young, I was very fond of performing righteous deeds. Whenever I saw anyone encountered ill fortune and needed assistance, I immediately volunteered to help. Hence, after I passed away, the King of the Infernal World rewarded me by allowing me to stay at the Center of Perfection in order to develop my spirit. Then, I was delegated here to serve.

Thai Sinh: What is the function of the Genie of the Hearth?

Gracious Genie: My function is like the police on earth. I record fully all the good and bad things that occurred in this area, and then, report them to the regional Genie of Commune, Purgatory, and the Southern Celestial Realm. In the future, those people will receive very realistic automatic recompense. So people should not think that good and bad do not carry consequences. It is only because it is not yet time. When the time comes, then there is no escape.

Thai Sinh: I am very grateful for your guidance today.

Gracious Genie: Do not mention it. Your temple, for the sake of the mission to counsel people, has volunteered to write, "Voyages on Earth," and therefore, must ask for realistic documentations. That is a very good deed. I am very honored at having the opportunity to assist your temple.

Tse Buddha: It is getting late today. Let us temporarily break here.

Thai Sinh: Gracious Genie, I temporarily bid you farewell.

Gracious Genie: I hope we will meet again soon.

Tse Buddha: Good pupil, prepare to return to the Temple of the Sages.

Thai Sinh: Yes Master, I am ready. I respectfully invite Master to commence.

Tse Buddha: We have arrived at the Temple of the Sages. Thai Sinh, disembark the lotus throne and return to your body.