

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Vivid Remembrances

Vivid remembrances force the heart to become agitated,
Aided by God, people enter into marriages and form karmic relations,
With a clear mind and wisdom, we clearly judge both social and spiritual matters,
Working constructively together, we will advance in stages.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 20 April to 26 April 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) How does the divine love shine?
- 2) What does the Almighty Lord use to spread His blessings?
- 3) How do transformations take place?
- 4) Does it take a long time to go on the spiritual path?
- 5) How does God grant the divine energy?
- 6) How does it expand widely?
- 7) Why do we have to practice the righteous dharma in order to advance?



Montreal, 20 April 2006 4:50 AM

Q: How does the divine love shine?

A: The divine love shines through the pure light.

Psalm

The Almighty Lord shines His Love everywhere, We will develop ourselves spiritually when our heart keeps true words,

Returning to emptiness and serenity, we will receive the divine blessings,

Practicing with diligence and sincerity, we turn our mind toward the Lord.

Montreal, 21 April 2006 5:05 AM

Q: What does the Almighty Lord use to spread His blessings?

A: The Almighty Lord uses pure light to spread His blessings.

Psalm

Through infinite transformations, the divine light shines everywhere,

With the lively pure light, we practice to attain enlightenment,

All spheres receive equal blessings by practicing the righteous dharma.

Awakening our own consciousness, we enlighten ourselves through the practice of the dharma.

Montreal, 22 April 2006 5:25 AM

Q: How do transformations take place?

A: Transformations take place through the pure light.

Psalm

When our soul and body are unified, the thousands of sentient beings return to one unique nature,

Evolving infinitely, we awaken our consciousness and devote ourselves to spiritual cultivation,

Attaining equanimity in our mind and body, we will perceive the divine love,

We must work with our own efforts to attain love and respect toward the noble Heaven.

Montreal, 23 April 2006, 5:30 AM

Q: Does it take a long time to go on the spiritual path?

A: The spiritual path is infinite, therefore it must take a long time.

Psalm

On the long path, we devote ourselves fully to the practice the dharma,

In spite of sufferings and adversities, we must keep going,

Devoting ourselves fully to spiritual practice, we will attain the true dharma,

We will truly enjoy the original energy granted by God.

Montreal, 24 April 2006, 5:40 AM

Q: How does God grant the divine energy?

A: The divine energy is granted through the immense pure light.

<u>Psalm</u>

The divine energy expands widely and shines brilliantly everywhere,

The pure energy vibrates harmoniously and permeates us with subtle flexibility,

With the infinite guidance from God and our own serenity, we will live in tranquility,

The original energy is pure and elevated, and expands widely.

Montreal, 25 April 2006 1:55 AM

Q: How does it expand widely?

A: The divine energy expands widely by shining everywhere.

Psalm

Practicing the dharma, we will gain understanding on our own,

Returning to our pure origin and serenity, our spiritual mind and heart will develop,

With an infinite flexibility, we will attain enlightenment with our own efforts,

Practicing the true dharma with sincerity, we will make progress.

Montreal, 26 April 2006 2:15 AM

Q: Why do we have to practice the righteous dharma in order to advance?

A: We must practice the righteous dharma with great efforts and perseverance in order to advance.

Psalm

We must practice the righteous dharma with great efforts and perseverance in order to advance, When our mind develops and our heart acquires wisdom, our compassion will grow, With the opening of divine love, we will have the opportunity for infinite guidance, Awakening our own consciousness, we are no longer agitated.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.