

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Deep Love

As deep love develops, we will transform ourselves in a clear manner, Through the evolution of our social and spiritual life, we will gain insight and see our spiritual journey clearly,

Returning to unity, we see that human compassion stems from the same origin, Loving and respecting serenity, we will achieve lucidity with our own efforts.

Respectfully,

Vi Kien

Baby Tam Talking To You

From 16 February to 22 February 1997

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) Do the vibrations of Nam-Mo-A-Di-Da-Phat exist in the universe?
- 2) What is commerce?
- 3) What should we do in order to love and respect Heaven?
- 4) Is there any difference between humans and animals?
- 5) What are Knowledge and Capacity?
- 6) What is the illumination of the universe?
- 7) What does conduct mean?



Sydney, 16 February 1997, 5:10 AM

Q: Do the vibrations of Nam-Mo-A-Di-Da-Phat exist in the universe?

A: The vibrations of the original principle of Nam-Mo-A-Di-Da-Phat exist in the universe. They always provide support and guidance to the Vo-Vi practitioner in a constructive manner, so that he can advance toward the sphere of emptiness within serenity. He will gain insight on his own, and he will be able to bring stability to any difficult situation that may occur.

Sydney, 17 February 1997, 4:55 AM

Q: What is commerce?

A: Commerce means to maintain amicable relations and to achieve mutual agreement in the spirit of exchange, in order to have the opportunity to bring peace to all. Thanks to the competition, the businesses will develop themselves and provide services to the advantages of everyone, in a truly equitable and humanitarian way. The economy of exchange is related to the love of Heaven and Earth, the peoples will share among themselves in accordance with the needs of each party, and they will live in peace and happiness.

Psalm

Returning to emptiness, we attain harmony and advance in all aspects,

With an awakened consciousness, we no longer harbor sorrow and worries,

Regardless of thunder and lightning, we advance with courage,

Practicing the spiritual method within serenity, we will return to our pure origin with our own efforts.

Psalm

The field of commerce opens up amicable relations, We sell sheep and pigs to serve others and earn a living,

Sewing clothes of all colors to augment beauty, We serve others with a sincere heart and do not need to plot for profit.

Sydney, 18 February 1997 3:05 AM

Q: What should we do in order to love and respect Heaven?

A: In order to love and respect Heaven, we should first know how to love and respect ourselves. We should understand on our own that serenity is important, and we should correct our own mistakes in order to be able to see God'slove more clearly . We will understand more clearly that our presence is formed from the structure of Heaven and Earth. We will perceive that we are formed from the four fleeting elements and our activities are within their domain (water, fire, wind, and earth). As a result, we accumulate greedy desires, and create our own procrastination and greediness. Greediness is leading all matters: From the earthly point of view, one must be greedy in order to get money. From the spiritual point of view, greediness leads to suffering, and this is called Karma.

Psalm

As our karma develops, we become constantly agitated,

Our consciousness is entangled, and there is only enchainment.

Our passions and agitation will expose many scenes, Our heart will be burdened from inward to outward.

Sydney, 19 February 1997 6:50 AM

Q: Is there any difference between humans and animals?

A: Humans and animals have different appearances, but from the point of view of energy, they both live like each other. Each entity has a path of evolution in accordance with his level of purity or impurity. Animals also know to love and protect each other, in harmony with the original principle of spontaneity and naturalness. As far as humans are concerned, they have the opportunity to develop their wisdom through adversities, while animals can only develop their energy in a horizontal direction, and they only know about winning or losing and resignation. As animals evolve toward humans, they have more wicked thoughts and their character is unruly; they do not know about spiritual virtue and have difficulty to unify with the pure light of God. From the earthly point of view, we see clearly that they are sinning souls under punishment, and they have to accept to sacrifice their bodies, and evolve in accordance with the law of cause and effect. They cannot reach serenity and must enter the hellish world on earth. Therefore, spiritual adepts who have understood this matter, will voluntarily refuse to eat meats. They will practice compassionate love and constructiveness, and accept to nourish the living creatures of Heaven and Earth, to serve others and search for their subtle origin as pre-arranged by God.

Psalm

The living creatures from God are truly unique, Their faces, noses, and bodies are similar, Thanks to the supernatural structure, they all have five viscera.

Though their soul and astral body are imprisoned, they still seek peace.

Sydney, 20 February 1997 4:20 AM

Q: What are Knowledge and Capacity?

A: Knowledge and Capacity mean that we must be able to do what we can understand. We cannot say that we understand something without being able to do it. A meditation practitioner must pay attention to this point. We should not discuss in a stubborn and careless way without understanding, because we may lose our own sincerity.

Psalm

With sincerity, we develop our light and soul,
Awakening our consciousness, we devote ourselves to
spiritual perfection and discuss with our own selves,
Developing our true soul, we will awaken our own
spiritual consciousness,

Understanding Heaven and Earth clearly, our heart and mind are tranquil.

Sydney, 21 February 1997 7:15 AM

Q: What is the illumination of the universe?

A: The illumination of the universe is the natural light that we receive every day. It shines everywhere from the brains to the body, and accompanies human beings, i.e., they are the pure and light vibrations of the whole universe, able to dissipate all worries and sorrow of the living creatures on earth to allow them to progress further.

Psalm

The pure and noble light shines upon the body, Releasing our sorrow and worries, we will gain insight on our own,

We all possess wisdom in our heart, By practicing the righteous dharma, we will attain lucidity with our own efforts.

Sydney, 22 February 1997, 7:15 AM

Q: What does conduct mean?

A: Conduct means to understand on our own the just words to conduct ourselves accordingly. The just words come from a fully enlightened spirit. We are able to understand and to conduct ourselves within spontaneity and naturalness.

Psalm

Practicing with sincerity, we will return to our pure origin with our own efforts,

We understand that the earthly world comes from one origin,

As we evolve spiritually, our mind enlightens, we attain thorough knowledge and feel lightness,

Achieving equilibrium, we awaken our consciousness and attain tranquility on our own.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.