

# Life Energy Development Weekly

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Email: ledenglish@gmail.com www.vovinet.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

# **Peace**

Through self-awakening, we liberate ourselves and our spiritual consciousness evolves accordingly,
Understanding Heaven and Earth, we have the fortunate opportunity to practice and advance spiritually,
Learning with a calm heart, our mind is peaceful,
Awakening our consciousness on our own, we are void of sorrow and worries.

Vi Kien

# **Baby Tam Talking To You**

From 17 June 2000 to 23 June 2000

Dear Friends.

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

# **Questions**

- 1) Is there any benefit when we rejoice within the deep love among fellow practitioners?
- 2) Do people who slander and accuse others succeed?
- 3) What should one do in order to understand earthly emotions and the spiritual path thoroughly?
- 4) Why do people who lack good fortune fail on the spiritual path?
- 5) What will happen to evil demons before their death?
- 6) Is there any benefit when evil spirits dissect the spiritual path and cause disruption?
- 7) Do crazy and agitated people completely ignore the consequences?



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# Monaco, 17 June 2000

Q: Is there any benefit when we rejoice within the deep love among fellow practitioners?

A: We have the fortunate opportunity to be reunited, and we will rejoice among each other.

### Psalm

Reunited within deep love, we do not think about resting,

Truly rejoicing together, we live in a timely manner, In friendship, let's practice together with an awakened consciousness,

Practicing the righteous dharma, we take notes together.

# Monaco, 18 June 2000

Q: Do people who slander and accuse others succeed?

A: Slandering and accusing others do not bring good consequences.

# **Psalm**

Forging stories to slander others will only fail, Harming oneself and others, one will cause further entanglements,

Let's practice with resolution without holding to resentment.

Let's not go in circles, as life is ephemeral in this earthly world!

# Monaco, 19 June 2000

Q: What should one do in order to understand earthly emotions and the spiritual path thoroughly?

A: In order to understand earthly emotions and the spiritual path thoroughly, one must spend great efforts to practice meditation a lot. Only when one's cranial psychic center becmes illuminated and directs itself toward the center of energy of the universe, will one clearly analyze earthly life and spiritual life.

### Psalm

When our cranial psychic center projects light, we will achieve wisdom,

We will clearly see our itinerary as we understand earthly life and spiritual life clearly,

Our soul will practice in the sphere of energy, and our consciousness will learn about the spiritual path, Enlightening our mind and seeing our character, we will see ourselves clearly.

# Monaco, 20 June 2000

Q: Why do people who lack good fortune fail on the spiritual path?

A: Those who lack good fortune turn more toward earthly life. Residing on earth, they are influenced by earthly life. They become agitated, and lack courage and resolution to advance on the spiritual path. They lack serenity, and thus, they nurture blame, and criticize others, which leads nowhere. Eventually, they will be subject to an incurable disease in order to understand the law of cause and effect. Even though they want to die, they cannot die. They will be paralyzed and immobilized on their bed, and will only lament with Heaven and blame Earth.

### Psalm

The earthly world does not harm us, Ignoring one's mind and body, one destroys them and harvests sorrow on one's own,

Not understanding the original principle, one accepts to kill oneself.

The Divine Law is clear and bright like a boat.

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# Monaco, 21 June 2000

Q: What will happen to evil demons before their death?

A: Before their death, the evil demons will feel anger and resentment overflowing their hearts, and both their minds and bodies will be restless.

# **Psalm**

It's hard for those with deep cruelty to advance, They vow to contribute their share of lust and agitation, Overflowing with argumentation, their heart wants destruction,

Lacking spiritual practice, they deceit others as being arduous.

# Monaco, 22 June 2000

Q: Is there any benefit when evil spirits dissect the spiritual path and cause disruption?

A: They claim to be honorable, but they cause lust for themselves. They only harm their mind and body without knowing it.

### **Psalm**

Unrighteous sensuality, anger and resentment will never bring progress,

Unable to present their arguments flawlessly, they will feel sorrow.

Losing their sincerity, they will turn to agitated argumentation,

When sincerity and trustworthiness disappear, their heart will be restless.

# Monaco, 23 June 2000

Q: Do crazy and agitated people completely ignore the consequences?

A: Crazy and agitated people will see their bodies and souls disintegrated, and they will turn into insects.

### <u>Psalm</u>

Craziness, agitation and blinded passions will only cause harm to oneself,

When the soul disappears, one no longer has vivacity, Tired and lacking lucidity, one is no longer alert, Harming others means to harm oneself and to lose one's intelligence.

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### Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

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